

Pebber Brown Left Hand Technique Exercises 1/7

Lesson 4.80 Isometric Hand Exercises

- Lesson 4.81 "V" Stretch exercise
- Lesson 4.82 Backward & Foreward Stretch
- Lesson 4.83 Steering Wheel exercise
- Lesson 4.84 Hand Grabs (250 to 400 and up/70-100 w/exerciser)
- Lesson 4.85 Aikido Wrist bend (20-30 each)
- Lesson 4.86 The Splay exercise (10 each, hold for 10 seconds)
- Lesson 4.87 Wrist Rotate exercise (100 each)
- Lesson 4.88 Vibrato exercise (both hands & weighted)
- Lesson 4.89 Finger Flex exercise (4th, 3rd, 2nd & 1st)
- Lesson 4.90 Long Shakeout (Sideways, up and down)
- Lesson 4.91 Relax.

Lesson 5.00 Left Hand Basics 101

- Lesson 5.01 How to hold your left hand - Classical form
- Lesson 5.02 Rules of the Classical Form for left hand technique

- Lesson 5.10 Left hand Strength and Coordination Technique Exercises
- Lesson 5.20 The Spider Fingering Exercises: (12-34, 1-23-4, 1-2-3-4, 123-4, 12-34)
- Lesson 5.21 Spider Fingering Group 1-(23)-4
- Lesson 5.22 Spider Fingering Group (12)-(34)
- Lesson 5.23 Spider Fingering Group 1-3 & 2-4
- Lesson 5.24 Spider Fingering Group 1-(234)
- Lesson 5.25 Spider Fingering Group (123)-4
- Lesson 5.26 Spider Fingering Group 1-(2)-34
- Lesson 5.27 Spider Fingering Group 12-(3)-4
- Lesson 5.28 Spider Fingering Group 123-(4)

- Lesson 5.29 Spider Fingering Group 1-(2)-3
- Lesson 5.30 Spider Fingering Group 12-(3)
- Lesson 5.31 Spider Fingering Group (1)-23

- Lesson 5.32 Spider Fingering Group 2-(3)-4
- Lesson 5.33 Spider Fingering Group (2)-34
- Lesson 5.34 Spider Fingering Group 23-(4)

- Lesson 5.35 Spider Fingering Group 1-(2)-4
- Lesson 5.36 Spider Fingering Group 12-(4)
- Lesson 5.37 Spider Fingering Group (1)-24

- Lesson 5.38 Spider Fingering Group 1-(3)-4
- Lesson 5.39 Spider Fingering Group (1)-34
- Lesson 5.40 Spider Fingering Group 13-(4)

Lesson 6.00 Left Hand Trill Exercises - The most important basic patterns of Virtuoso Technique:

Lesson 6.10 Two finger Left Hand Trill patterns:

- Lesson 6.11.1) 1-2 6.11.2) 1-3 6.11.3) 1-4 6.11.4) 2-3 6.11.5) 2-4 6.11.6) 3-4
- Lesson 6.12.1) 0-1 6.12.2) 0-2 6.12.3) 0-3 6.12.4) 0-4
- Lesson 6.13.1) 0-1-4 6.13.2) 0-1-3 6.13.3) 0-1-2
- Lesson 6.14.1) 0-2-4 6.14.2) 0-2-3 6.14.3) 0-3-4
- Lesson 6.15.1) 0-1-4-1 6.15.2) 0-1-3-1 6.15.3) 0-1-2-1
- Lesson 6.16.1) 0-2-4-2 6.16.2) 0-2-3-2 6.16.3) 0-3-4-3
- Lesson 6.17.1) 0-2-1 6.17.2) 0-3-1 6.17.3) 0-4-1 6.17.4) 0-3-2 6.17.5) 0-4-2 6.17.6) 0-4-3
- Lesson **6.20 Multi-finger trill exercises**
- Lesson 6.21.1) 1-2-1-3 6.21.2) 1-3-1-4 6.21.3) 1-2-1-4 6.21.4) 1-2-1-3-1-4 6.21.5) 1-2-1-3-1-4-1-3
- Lesson 6.22.1) 2-3-2-4 6.22.2) 2-4-2-3

Pebber Brown Left Hand Technique Exercises 2/7

- Lesson **6.30** **Three finger trill patterns:**
- Lesson 6.31 1-2-3, 1-3-2, 2-1-3, 2-3-1, 3-1-2, 3-2-1
- Lesson 6.32 1-2-4, 1-4-2, 2-1-4, 2-4-1, 4-1-2, 4-2-1
- Lesson 6.33 1-3-4, 1-4-3, 3-1-4, 3-4-1, 4-1-3, 4-3-1
- Lesson 6.34 2-3-4, 2-4-3, 3-4-2, 3-2-4, 4-2-3, 4-3-2
- Lesson 6.35 2-4-2-1, 2-3-2-1, 3-4-3-1, 3-4-3-2, 1-2-3-2, 1-2-3-4-3-2.
- Lesson 6.36 0-1-2-4, 0-1-3-4, 0-2-3-4
- Lesson 6.37 0-1-2-4-2-1, 0-1-3-4-3-1, 0-1-2-3-4-3-2-1
-
- Lesson **6.40** **Four finger trill movement patterns:**
- Lesson 6.41 1-2-3-4, 1-2-4-3, 1-3-2-4, 1-3-4-2, 1-4-2-3, 1-4-3-2
- Lesson 6.42 2-1-3-4, 2-1-4-3, 2-3-1-4, 2-3-4-1, 2-4-1-3, 2-4-3-1
- Lesson 6.43 3-1-2-4, 3-1-4-2, 3-2-1-4, 3-2-4-1, 3-4-1-2, 3-4-2-1
- Lesson 6.44 4-1-2-3, 4-1-3-2, 4-2-1-3, 4-2-3-1, 4-3-1-2, 4-3-2-1
-
- Lesson **6.50** **Four finger trill movement patterns using open strings:**
- Lesson 6.51 0-1-2-3-4, 0-1-2-4-3, 0-1-3-2-4, 0-1-3-4-2, 0-1-4-2-3, 0-1-4-3-2
- Lesson 6.52 2-0-1-3-4, 2-0-1-4-3, 2-3-0-1-4, 2-3-4-0-1, 2-4-0-1-3, 2-4-3-0-1
- Lesson 6.53 3-0-1-2-4, 3-0-1-4-2, 3-2-0-1-4, 3-2-4-0-1, 3-4-0-1-2, 3-4-2-0-1
- Lesson 6.54 4-0-1-2-3, 4-0-1-3-2, 4-2-0-1-3, 4-2-3-0-1, 4-3-0-1-2, 4-3-2-0-1
- Lesson 6.55 0-1-2-3-4-3-2-1, 0-1-2-4-3-4-2-1, 0-1-3-2-4-2-3-1, 0-1-3-4-2-4-3-1, 0-1-4-2-3-2-4-1, 0-1-4-3-2-3-4-1
-
- Lesson **6.60** **Two finger ladder exercises (2 note patterns)**
- Lesson 6.61 2 note ladder • Finger group 1-2, (1 fret distance), (1 note on each string)
- Lesson 6.62 2 note ladder • Finger group 1-2, (1 fret distance), (2 notes on each string)
- Lesson 6.63 2 note ladder • Finger group 1- - 2 (2 fret distance), (1 note on each string)
- Lesson 6.64 2 note ladder • Finger group 1- - 2 (2 fret distance), (2 notes on each string)
- Lesson 6.65 2 note ladder • Finger group 1- - -2, (3 fret distance), (1 note on each string)
- Lesson 6.66 2 note ladder • Finger group 1- - -2, (3 fret distance), (2 notes on each string)
-
- Lesson 6.67 2 note ladder • Finger group 1- - 3 (2 fret distance), (1 note on each string)
- Lesson 6.68 2 note ladder • Finger group 1- - 3 (2 fret distance), (2 notes on each string)
- Lesson 6.69 2 note ladder • Finger group 1- - - 3, (3 fret distance), (1 note on each string)
- Lesson 6.70 2 note ladder • Finger group 1- - - 3, (3 fret distance), (2 notes each string)
-
- Lesson 6.71 2 note ladder • Finger group 1- - - - 3, (4 fret distance), (1 note on each string)
- Lesson 6.72 2 note ladder • Finger group 1- - - - 3, (4 fret distance), (2 notes each string)
-
- Lesson 6.73 2 note ladder • Finger group 1- - - 4, (3 fret distance), (1 note on each string)
- Lesson 6.74 2 note ladder • Finger group 1- - - 4, (3 fret distance), (2 notes each string)
- Lesson 6.75 2 note ladder • Finger group 1- - - - 4, (4 fret distance), (1 note on each string)
- Lesson 6.76 2 note ladder • Finger group 1- - - - 4, (4 fret distance), (2 notes on each string)
- Lesson 6.77 2 note ladder • Finger group 1- - - - - 4, (5 fret distance), (1 note on each string)
- Lesson 6.78 2 note ladder • Finger group 1- - - - - 4, (5 fret distance), (2 notes on each string)
- Lesson 7.79 2 note ladder • Finger group 1- - - - - - 4, (6 fret distance), (1 note each string)
- Lesson 6.80 2 note ladder • Finger group 1- - - - - - 4, (6 fret distance), (2 notes each stg)
-
- Lesson 6.81 2 note ladder • Finger group 2-3, (1 fret distance), (1 note on each string)
- Lesson 6.82 2 note ladder • Finger group 2-3, (1 fret distance), (2 notes on each string)
- Lesson 6.83 2 note ladder • Finger group 2- - 3 (2 fret distance), (1 note on each string)
- Lesson 6.84 2 note ladder • Finger group 2- - 3 (2 fret distance), (2 notes on each string)
-
- Lesson 6.85 2 note ladder • Finger group 2- - 4, (2 fret distance), (1 note on each string)
- Lesson 6.86 2 note ladder • Finger group 2- - 4, (2 fret distance), (2 notes on each string)
- Lesson 6.87 2 note ladder • Finger group 2- - - 4, (3 fret distance), (1 note on each string)
- Lesson 6.88 2 note ladder • Finger group 2- - - 4, (3 fret distance), (2 notes on each string)

Pebber Brown Left Hand Technique Exercises 3/7

Lesson	6.89	2 note ladder • Finger group 3-4, (1 fret distance), (1 note on each string)
Lesson	6.90	2 note ladder • Finger group 3-4, (1 fret distance), (2 notes on each string)
Lesson	6.91	2 note ladder • Finger group 3- -4, (2 fret distance), (1 note on each string)
Lesson	6.92	2 note ladder • Finger group 3- -4, (2 fret distance), (2 notes on each string)
Lesson	6.93	2 note ladder • Finger group 3- - -4, (3 fret distance), (1 note on each string)
Lesson	6.94	2 note ladder • Finger group 3- - -4, (3 fret distance), (2 notes on each string)

Lesson 7.00 3 Finger ladder exercises (3 note patterns)

Lesson	7.01	3 note fingerboard ladder • Finger group 1-2-3, (2 notes/1 note) (2 string pattern)
Lesson	7.02	3 note fingerboard ladder • Finger group 1-2-3, (1 note/2 notes) (2 string pattern)
Lesson	7.03	3 note fingerboard ladder • Finger group 1-2-3, (1 note/1 note/1 note) (3 stg ptn)
Lesson	7.04	3 note fingerboard ladder • Finger group 1- -2-3, (2 notes/1 note) (2 string pattern)
Lesson	7.05	3 note fingerboard ladder • Finger group 1- -2-3, (1 note/2 notes) (2 string pattern)
Lesson	7.06	3 note fingerboard ladder • Finger group 1- -2-3, (1 note/1 note/1 note) (3 string pattern)
Lesson	7.07	3 note fingerboard ladder • Finger group 1-2- -3, (2 notes/1 note) (2 string pattern)
Lesson	7.08	3 note fingerboard ladder • Finger group 1-2- -3, (1 note/2 notes) (2 string pattern)
Lesson	7.09	3 note fingerboard ladder • Finger group 1-2- -3, (1 note/1 note/1 note) (3 string pattern)
Lesson	7.10	3 note fingerboard ladder • Finger group 1- -2- -3, (2 notes/1 note) (2 string pattern)
Lesson	7.11	3 note fingerboard ladder • Finger group 1- -2- -3, (1 note/2 notes) (2 string pattern)
Lesson	7.12	3 note fingerboard ladder • Finger group 1- -2- -3, (1 note/1 note/1 note) (3 stg pattern)
Lesson	7.13	3 note fingerboard ladder • Finger group 1-2-4, (2 notes/1 note) (2 string pattern)
Lesson	7.14	3 note fingerboard ladder • Finger group 1-2-4, (1 note/2 notes) (2 string pattern)
Lesson	7.15	3 note fingerboard ladder • Finger group 1-2-4, (1 note/1 note/1 note) (3 stg ptn)
Lesson	7.16	3 note fingerboard ladder • Finger group 1- -2-4, (2 notes/1 note) (2 string pattern)
Lesson	7.17	3 note fingerboard ladder • Finger group 1- -2-4, (1 note/2 notes) (2 string pattern)
Lesson	7.18	3 note fingerboard ladder • Finger group 1- -2-4, (1 note/1 note/1 note) (3 string pattern)
Lesson	7.19	3 note fingerboard ladder • Finger group 1-2- -4, (2 notes/1 note) (2 string pattern)
Lesson	7.20	3 note fingerboard ladder • Finger group 1-2- -4, (1 note/2 notes) (2 string pattern)
Lesson	7.21	3 note fingerboard ladder • Finger group 1-2- -4, (1 note/1 note/1 note) (3 string pattern)
Lesson	7.22	3 note fingerboard ladder • Finger group 1- -2- -4, (2 notes/1 note) (2 stg pattern)
Lesson	7.23	3 note fingerboard ladder • Finger group 1- -2- -4, (1 note/2 notes) (2 stg pattern)
Lesson	7.24	3 note fingerboard ladder • Finger group 1- -2- -4, (1 note/1 note/1 note) (3stg pattern)
Lesson	7.25	3 note fingerboard ladder • Finger group 1-3-4, (2 notes/1 note) (2 string pattern)
Lesson	7.26	3 note fingerboard ladder • Finger group 1-3-4, (1 note/2 notes) (2 string pattern)
Lesson	7.27	3 note fingerboard ladder • Finger group 1-3-4, (1 note/1 note/1 note) (3 stg pattern)
Lesson	7.28	3 note fingerboard ladder • Finger group 1- -3-4, (2 notes/1 note) (2 string pattern)
Lesson	7.29	3 note fingerboard ladder • Finger group 1- -3-4, (1 note/2 notes) (2 string pattern)
Lesson	7.30	3 note fingerboard ladder • Finger group 1- -3-4, (1 note/1 note/1 note) (3 stg pattern)
Lesson	7.31	3 note fingerboard ladder • Finger group 1-3- -4, (2 notes/1 note) (2 string pattern)
Lesson	7.32	3 note fingerboard ladder • Finger group 1-3- -4, (1 note/2 notes) (2 string pattern)
Lesson	7.33	3 note fingerboard ladder • Finger group 1-3- -4, (1 note/1 note/1 note) (3 stg pattern)
Lesson	7.34	3 note fingerboard ladder • Finger group 1- -3- -4, (2 notes/1 note) (2 string ptn)
Lesson	7.35	3 note fingerboard ladder • Finger group 1- -3- -4, (1 note/2 notes) (2 string ptn)
Lesson	7.36	3 note fingerboard ladder • Finger group 1- -3- -4, (1 note/1 note/1 note) (3 stg pattern)

Pebber Brown Left Hand Technique Exercises 4/7

Lesson	7.37	3 note fingerboard ladder • Finger group	1- - -3-4, (2 notes/1 note) (2 string pattern)
Lesson	7.38	3 note fingerboard ladder • Finger group	1- - -3-4, (1 note/2 notes) (2 string pattern)
Lesson	7.39	3 note fingerboard ladder • Finger group	1- - -3-4, (1 note/1 note/1 note) (3 stg pattern)
Lesson	7.40	3 note fingerboard ladder • Finger group	1- - -3- -4, (2 notes/1 note) (2 string pattern)
Lesson	7.41	3 note fingerboard ladder • Finger group	1- - -3- -4, (1 note/2 notes) (2 string pattern)
Lesson	7.42	3 note fingerboard ladder • Finger group	1- - -3- -4, (1 /1 /1 note) (3 string pattern)
Lesson	7.43	3 note fingerboard ladder • Finger group	2-3-4, (2 notes/1 note) (2 string pattern)
Lesson	7.44	3 note fingerboard ladder • Finger group	2-3-4, (1 note/2 notes) (2 string pattern)
Lesson	7.45	3 note fingerboard ladder • Finger group	2-3-4, (1 note/1 note/1 note) (3 string pattern)
Lesson	7.46	3 note fingerboard ladder • Finger group	2- -3-4, (2 notes/1 note) (2 string pattern)
Lesson	7.47	3 note fingerboard ladder • Finger group	2- -3-4, (1 note/2 notes) (2 string pattern)
Lesson	7.48	3 note fingerboard ladder • Finger group	2- -3-4, (1 note/1 note/1 note) (3 string pattern)
Lesson	7.49	3 note fingerboard ladder • Finger group	2-3- -4, (2 notes/1 note) (2 string pattern)
Lesson	7.50	3 note fingerboard ladder • Finger group	2-3- -4, (1 note/2 notes) (2 string pattern)
Lesson	7.51	3 note fingerboard ladder • Finger group	2-3- -4, (1 note/1 note/1 note) (3 string pattern)
Lesson	7.52	3 note fingerboard ladder • Finger group	2- -3- -4, (2 notes/1 note) (2 string pattern)
Lesson	7.53	3 note fingerboard ladder • Finger group	2- -3- -4, (1 note/2 notes) (2 string pattern)
Lesson	7.54	3 note fingerboard ladder • Finger group	2- -3- -4, (1 note/1 note/1 note) (3 stg pattern)

Lesson 8.00 8 Ways to move on the fingerboard (movement pattern matrix)

Lesson	8.01	Types of Fingerboard Movement
Lesson	8.02	Movement in Halfsteps
Lesson	8.03	Linear Movement up one string
Lesson	8.04	Linear Movement down one string
Lesson	8.05	Horizontal Movement across all 6 strings from 1st to 6th string
Lesson	8.06	Horizontal Movement across all 6 strings rfrom 6th to 1st sting
Lesson	8.07	Linear Angling Movement upward from 1st string to 6th string
Lesson	8.08	Linear Angling Movement downward from 6th to 1str string
Lesson	8.09	Reverse Angling Movement
Lesson	8.10	Spiral Angling Movement
Lesson	8.11	Movement in Wholesteps
Lesson	8.12	Wholestep Linear Movement
Lesson	8.13	Wholestep Horizontal Movement
Lesson	8.14	Wholestep Angling Movement
Lesson	8.15	Wholestep Reverse Angling Movement
Lesson	8.16	Wholestep Spiral Angling Movement
Lesson	8.17	Movement in Minor 3rds
Lesson	8.18	Minor 3rd Linear Movement
Lesson	8.19	Minor 3rd Horizontal Movement
Lesson	8.20	Minor 3rd Angling Movement
Lesson	8.21	Minor 3rd Reverse Angling Movement
Lesson	8.22	Minor 3rd Spiral Angling Movement
Lesson	8.23	Reverse Linear Angling Movement upward from 1st to 6th string
Lesson	8.24	Reverse Linear Angling Movement downward from 6th to 1st string

Pebber Brown Left Hand Technique Exercises 5/7

Lesson 8.50 Finger Trill movement patterns

Lesson	8.51	2 finger permutations/trill movement patterns
Lesson	8.52	3 finger permutations/trill movement patterns
Lesson	8.53	4 finger permutations/trill movement patterns
Lesson	8.54	Chromatic 2 finger permutations/movement patterns
Lesson	8.55	Chromatic 3 finger permutations/movement patterns
Lesson	8.56	Chromatic 4 finger permutations/movement patterns
Lesson	8.57	Chromatic 4-finger permutations/movement pattern exercises

Lesson 9.00 What number permutations are and how they are used on the fingerboard:

Lesson 9.10 PERMUTATIONS OF 2 Fingers:

Lesson	9.11	1 2, 1 3, 1 4, 2 3, 2 4, 3 4
Lesson	9.12	2 1, 3 1, 4 1, 3 2, 4 2, 4 3

Lesson 9.20 PERMUTATIONS OF 3 Fingers:

Lesson	9.21	1 2 3, 1 2 4, 1 3 4, 2 3 4
Lesson	9.22	1 3 2, 1 4 2, 1 4 3, 2 4 3
Lesson	9.23	2 1 3, 2 1 4, 3 1 4, 3 2 4
Lesson	9.24	2 3 1, 2 4 1, 3 4 1, 3 4 2
Lesson	9.25	3 1 2, 4 1 2, 4 1 3, 4 2 3
Lesson	9.26	3 2 1, 4 2 1, 4 3 1, 4 3 2

Lesson 9.30 PERMUTATIONS OF 4 Fingers (Halfstep Between each finger):

Lesson 9.31 Permutations starting on 1

9.31.1)	1 2 3 4
9.31.2)	1 2 4 3
9.31.3)	1 3 2 4
9.31.4)	1 3 4 2
9.31.5)	1 4 2 3
9.31.6)	1 4 3 2

Lesson 9.32 Permutations starting on 2

9.32.1)	2 1 4 3
9.32.2)	2 1 3 4
9.32.3)	2 3 1 4
9.32.4)	2 3 4 1
9.32.5)	2 4 1 3
9.32.6)	2 4 3 1

Lesson 9.33 Permutations starting on 3

9.33.1)	3 1 2 4
9.33.2)	3 1 4 2
9.33.3)	3 2 1 4
9.33.4)	3 2 4 1
9.33.5)	3 4 2 1
9.33.6)	3 4 1 2

Pebber Brown Left Hand Technique Exercises 6/7

Lesson 9.34 Permutations starting on 4

- 9.34.1) 4 1 2 3
- 9.34.2) 4 1 3 2
- 9.34.3) 4 2 1 3
- 9.34.4) 4 2 3 1
- 9.34.5) 4 3 1 2
- 9.34.6) 4 3 2 1

Lesson 9.35 PERMUTATIONS OF 4 Fingers (Wholestep Between 3 & 4 - (Notated 1-2-3+4):

Lesson 9.36 Permutations starting on 1

- 9.36.1) 1 2 3 +4 9.36.2) 1 2 +4 3 9.36.3) 1 3 2 +4
- 9.36.4) 1 3 +4 2 9.36.5) 1 +4 2 3 9.36.6) 1 +4 3 2

Lesson 9.37 Permutations starting on 2

- 9.37.1) 2 1 +4 3 9.37.2) 2 1 3 +4 9.37.3) 2 3 1 +4
- 9.37.4) 2 3 +4 1 9.37.5) 2 +4 1 3 9.37.6) 2 +4 3 1

Lesson 9.39 Permutations starting on 3

- 9.39.1) 3 1 2 +4 9.39.2) 3 1 +4 2 9.39.3) 3 2 1 +4
- 9.39.4) 3 2 +4 1 9.39.5) 3 +4 2 1 9.39.6) 3 +4 1 2

Lesson 9.39 Permutations starting on 4

- 9.39.1) +4 1 2 3 9.39.2) +4 1 3 2 9.39.3) +4 2 1 3
- 9.39.4) +4 2 3 1 9.39.5) +4 3 1 2 9.39.6) +4 3 2 1

Lesson 9.40 PERMUTATIONS OF 4 Fingers (Wholestep Between 1 & 2 - Notated 1+2-3-4):

Lesson 9.41 Permutations starting on 1

- 9.41.1) 1 +2 3 4 9.41.2) 1 +2 4 3 9.41.3) 1 3 +2 4
- 9.41.4) 1 3 4 +2 9.41.5) 1 4 +2 3 9.41.6) 1 4 3 +2

Lesson 9.42 Permutations starting on 2

- 9.32.1) +2 1 4 3 9.32.2) +2 1 3 4 9.3+2.3) +2 3 1 4
- 9.32.4) +2 3 4 1 9.32.5) +2 4 1 3 9.3+2.6) +2 4 3 1

Lesson 9.43 Permutations starting on 3

- 9.33.1) 3 1 +2 4 9.33.2) 3 1 4 +2 9.33.3) 3 +2 1 4
- 9.33.4) 3 +2 4 1 9.33.5) 3 4 +2 1 9.33.6) 3 4 1 +2

Lesson 9.44 Permutations starting on 4

- 9.34.1) 4 1 +2 3 9.34.2) 4 1 3 +2 9.34.3) 4 +2 1 3
- 9.34.4) 4 +2 3 1 9.34.5) 4 3 1 +2 9.34.6) 4 3 +2 1

Pebber Brown Left Hand Technique Exercises 7/7

Lesson 9.50 PERMUTATIONS OF 4 Fingers (Wholestep Between 2 & 3 - Notated (1-2+3-4):

Lesson 9.51 Permutations starting on 1

9.51.1) 1 2 +3 4	9.51.2) 1 2 4 +3	9.51.3) 1 +3 2 4
9.51.4) 1 +3 4 2	9.51.5) 1 4 2 +3	9.51.6) 1 4 +3 2

Lesson 9.52 Permutations starting on 2

9.52.1) 2 1 4 +3	9.52.2) 2 1 +3 4	9.52.3) 2 +3 1 4
9.52.4) 2 +3 4 1	9.52.5) 2 4 1 +3	9.52.6) 2 4 +3 1

Lesson 9.53 Permutations starting on 3

9.53.1) +3 1 2 4	9.53.2) +3 1 4 2	9.53.3) +3 2 1 4
9.53.4) +3 2 4 1	9.53.5) +3 4 2 1	9.53.6) +3 4 1 2

Lesson 9.54 Permutations starting on 4

9.54.1) 4 1 2 +3	9.54.2) 4 1 +3 2	9.54.3) 4 2 1 +3
9.54.4) 4 2 +3 1	9.54.5) 4 +3 1 2	9.54.6) 4 +3 2 1

Lesson 9.55 PERMUTATIONS OF 4 Fingers (Wholestep Between 1&2 and 3&4 (Notated 1+2-3+4):

9.55.1) 1 2 3 +4	9.55.2) 1 2 +3 4	9.55.3) 1 +2 3 4
9.55.4) 1 2 +3 +4	9.55.4) 1 +2 3 +4	9.55.5) 1 +2 +3 +4