

PB Guitar Daily Practice Plan/Routine

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MODULE 1: Right Hand Exercises

Picking Exercises on each string
Picking Exercises on ADJACENT strings
Picking Exercises on NON-adjacent strings
Pick-2, Pick-3, Pick-2-3, Pick 2-3-4 exercises
Directional Picking Patterns & Exercises
Classical P-I-M-A patterns
Classical Giuliani 120 patterns
Harmonic Node Patterns & Exercises
Harmonic Node Tapping Patterns & Exercises

MODULE 2: LEFT HAND exercises:

Classical Form on all strings
Spider Exercises
Trill Exercises – Horizontal/Linear/Creative
Two Handed Trill Exercises
2-Finger and 3-Finger Ladder Exercises
4-Finger Ladder and X-Pattern exercises
Chromatic Scale exercises (ALL)
Chromatic Movement patterns
Chromatic 4-finger permutation patterns
3-Finger Movement exercises
Wholetone Scales/Sequences
Diminished (mi3rd) Scales/Sequences
Diminished 8-note Scales/Sequences
Dominant 8-note Scales/Sequences
Symmetric Scale Patterns across the strings
Symmetric Scale patterns linear angling
Symmetric Scale patterns reverse angling
Pivot exercises
Pentatonic Ladder exercises
Pentatonic Long pattern exercises
Pentatonic Directional patterns
Open string pentatonic patterns

MODULE 3: CHORDING Exercises:

Major Chord Scales
Melodic Minor Chord Scales
Harmonic Minor Chord Scales
Hungarian Minor Chord Scales
Diminished Chord Scales
Symmetric Scale Chord Scales
Memorize Jazz Standards
Chord Melody Pieces
Two Handed Chords
Open string Chords
Chord Harmonics
Non Tertiary Chord Scales
Altered Chord Scales
Percussive Chord Strumming

MODULE 4: SCALE PRACTICE:

Major Scale linear & horizontal patterns on 1/2/3/4/5/6 Strings
Major Scale – Major Pentatonic – 5/7/12/14 positions
Major Scale – Scaletone Forms/Extended Long Patterns
Major Scale - linear/reverse angling patterns
Major, 6, 7, 9, 6/9, 11, 13 arpeggios – 5/7/12/14 positions
Major Scale Sequences – intervallic/numeric/creative
Major Arpeggio Sequences – intervallic/numeric/creative
Mel. Minor Scale linear & horizontal on 1/2/3/4/5/6 Strings
Mel. Minor Scale& Pentatonic – 5/7/12/14 positions
Mel. Minor Scaletone Forms/Extended Long Patterns
Mel. Minor Scale - linear/reverse angling patterns
Mel. Minor, 6, 7, 9, 6/9, 11, 13 arpeggios – 5/7/12/14 positions
Mel. Minor Scale Sequences – intervallic/numeric/creative
Mel. Minor Arpeggio Sequences – intervallic/numeric/creative
Har. Minor Scale linear & horizontal on 1/2/3/4/5/6 Strings
Har. Minor Scale& Pentatonic – 5/7/12/14 positions
Har. Minor Scaletone Forms/Extended Long Patterns
Har. Minor Scale - linear/reverse angling patterns
Har. Minor, 6, 7, 9, 6/9, 11, 13 arpeggios – 5/7/12/14 positions
Har. Minor Scale Sequences – intervallic/numeric/creative
Har. Minor Arpeggio Sequences – intervallic/numeric/creative
Hung. Min. Scale linear & horizontal on 1/2/3/4/5/6 Strings
Hung. Min. Scale& Pentatonic – 5/7/12/14 positions
Hung. Min. Scaletone Forms/Extended Long Patterns
Hung. Min. Scale - linear/reverse angling patterns
Hung. Min., 6, 7, 9, 6/9, 11, 13 arpeggios – 5/7/12/14 positions
Hung. Min. Scale Sequences – intervallic/numeric/creative
Hung. Min. Arpeggio Sequences – intervallic/numeric/creative

MODULE 5: EAR TRAINING:

Sing Scales in one position in unison while playing
Sing single position scales chromatically up the neck
Sing all intervals in one position chromatically up & down
Sing scale positions while only fingering the notes
Sing scales & arpeggios while playing chord progressions

MODULE 6: Arpeggios/Pattern Practice:

7th Chord Arpeggio Patterns and Arpeggio Progressions
9th chord arpeggio Patterns and Arpeggio Progressions
11th chord arpeggio Patterns and Arpeggio Progressions
13th chord arpeggio Patterns and Arpeggio Progressions
II-V-I Patterns and Arpeggio Progressions
I-VI-II-V Patterns and Arpeggio Progressions

MODULE 7: TUNES & REPERTOIRE

Work on Pop Tunes Both Rhythm & Melody
Study & Learn Jazz Fake Book Tunes
Study/Create/Learn Chord Melody Arrangements
Transcribe Songs & Transcribe Solos
Write Tunes/Create Arrangements/Create Charts

