**PB Guitar Daily Practice Plan/Routine**

**MODULE 1: Right Hand Exercises**
- Picking Exercises on each string
- Picking Exercises on ADJACENT strings
- Picking Exercises on NON-adjacent strings
- Pick-2, Pick-3, Pick-2-3, Pick 2-3-4 exercises
- Directional Picking Patterns & Exercises
- Classical P-I-M-A patterns
- Classical Giuliani 120 patterns
- Harmonic Node Patterns & Exercises
- Harmonic Node Tapping Patterns & Exercises

**MODULE 3: SCALE PRACTICE:**
- Major Scale linear & horizontal patterns on 1/2/3/4/5/6 Strings
- Major Scale – Major Pentatonic – 5/7/12/14 positions
- Major Scale – Scaletone Forms/Extended Long Patterns
- Major Scale - linear/reverse angling patterns
- Major, 6, 7, 9, 6/9, 11, 13 arpeggios – 5/7/1214 positions
- Major Scale Sequences – intervallic/numeric/creative
- Major Arpeggio Sequences – intervallic/numeric/creative
- Mel. Minor Scale linear & horizontal on 1/2/3/4/5/6 Strings
- Mel. Minor Scale & Pentatonic – 5/7/12/14 positions
- Mel. Minor Scale Forms/Extended Long Patterns
- Mel. Minor Scale - linear/reverse angling patterns
- Mel. Minor, 6, 7, 9, 6/9, 11, 13 arpeggios – 5/7/1214 positions
- Mel. Minor Scale Sequences – intervallic/numeric/creative
- Mel. Minor Arpeggio Sequences – intervallic/numeric/creative
- Har. Minor Scale linear & horizontal on 1/2/3/4/5/6 Strings
- Har. Minor Scale & Pentatonic – 5/7/12/14 positions
- Har. Minor Scale Forms/Extended Long Patterns
- Har. Minor Scale - linear/reverse angling patterns
- Har. Minor, 6, 7, 9, 6/9, 11, 13 arpeggios – 5/7/1214 positions
- Har. Minor Scale Sequences – intervallic/numeric/creative
- Har. Minor Arpeggio Sequences – intervallic/numeric/creative
- Hung. Min. Scale linear & horizontal on 1/2/3/4/5/6 Strings
- Hung. Min. Scale & Pentatonic – 5/7/12/14 positions
- Hung. Min. Scale Forms/Extended Long Patterns
- Hung. Min. Scale – linear/reverse angling patterns
- Hung. Min., 6, 7, 9, 6/9, 11, 13 arpeggios – 5/7/1214 positions
- Hung. Min. Scale Sequences – intervallic/numeric/creative
- Hung. Min. Arpeggio Sequences – intervallic/numeric/creative

**MODULE 2: LEFT HAND exercises:**
- Classical Form on all strings
- Spider Exercises
- Trill Exercises – Horizontal/Linear/Creative
- Two Handed Trill Exercises
- 2-Finger and 3-Finger Ladder Exercises
- 4-Finger Ladder and X-Pattern exercises
- Chromatic Scale exercises (ALL)
- Chromatic Movement patterns
- Chromatic 4-finger permutation patterns
- 3-Finger Movement exercises
- Wholetone Scales/Sequences
- Diminished (mi3rd) Scales/Sequences
- Diminished 8-note Scales/Sequences
- Dominant 8-note Scales/Sequences
- Symmetric Scale Patterns across the strings
- Symmetric Scale patterns linear angling
- Symmetric Scale patterns reverse angling
- Pivot exercises
- Pentatonic Ladder exercises
- Pentatonic Long pattern exercises
- Pentatonic Directional patterns
- Open string pentatonic patterns

**MODULE 4: CHORDING Exercises:**
- Chord/Stringmap Memorization Technique
- Chord Scales – Major/Mel mi/Har mi
- Chord Scales – Hung mi/Rom mi
- Chord Scales – Diminished/Exotic
- Chord Scales – Symmetric/Altered
- Jazz Standard 12 Pos Chord Memorization
- Chord Melody Pieces
- Two Handed Chords
- Open string Chords
- Chord Harmonics
- Non Tertiary Chord Scales
- Altered Chord Scales
- Percussive Chord Strumming
- Polychordal Recording Techniques

**MODULE 5: EAR TRAINING/SIGHTREADING**
- Sing Scales in one position in all intervals while playing
- Sing all intervals in one position chromatically up & down
- Sing scale positions while only fingering the notes
- Sing scales & arpeggios while playing chord progressions
- Sightreading Practice/Solfeggio Practice/Harmonic Ear Training

**MODULE 6: Arpeggios/Pattern Practice:**
- 7th Chord Arpeggio Patterns and Arpeggio Progressions
- 9th chord arpeggio Patterns and Arpeggio Progressions
- 11th chord arpeggio Patterns and Arpeggio Progressions
- 13th chord arpeggio Patterns and Arpeggio Progressions
- II-V-I Patterns and Arpeggio Progressions
- Chord Patterns and Arpeggio Progressions

**MODULE 7: TUNES & REPERTOIRE**
- Work on Pop Tunes Both Rhythm & Melody
- Study & Learn Jazz Fake Book Tunes
- Study/Create/Learn Chord Melody Arrangements
- Transcribe Songs & Transcribe Solos
- Write Tunes/Create Arrangements/Create Charts