

Alternate Picking on Adjacent Strings (pattern 65-43-21)

Hold down an E7sus4 chord...

Diagram illustrating the sequence of notes and picking patterns for the E7sus4 chord across the fretboard:

- Grid 1: Notes 2, 3. Picking: Down (6), Up (5).
- Grid 2: Notes 2, 3. Picking: Down (4), Up (3).
- Grid 3: Notes 2, 3. Picking: Down (2), Up (1).
- Grid 4: Notes 2, 3. Picking: Down (2).
- Grid 5: Notes 2, 3. Picking: Up (3).
- Grid 6: Notes 2, 3. Picking: Down (4).
- Grid 7: Notes 2, 3. Picking: Up (5).
- Grid 8: Box with text: "Start over and repeat from beginning!"

□ = Downstroke V = Upstroke

**HOLD PICK AT
30 Degree ANGLE
to the strings**

**Move pick across strings
at this angle**

Practice:

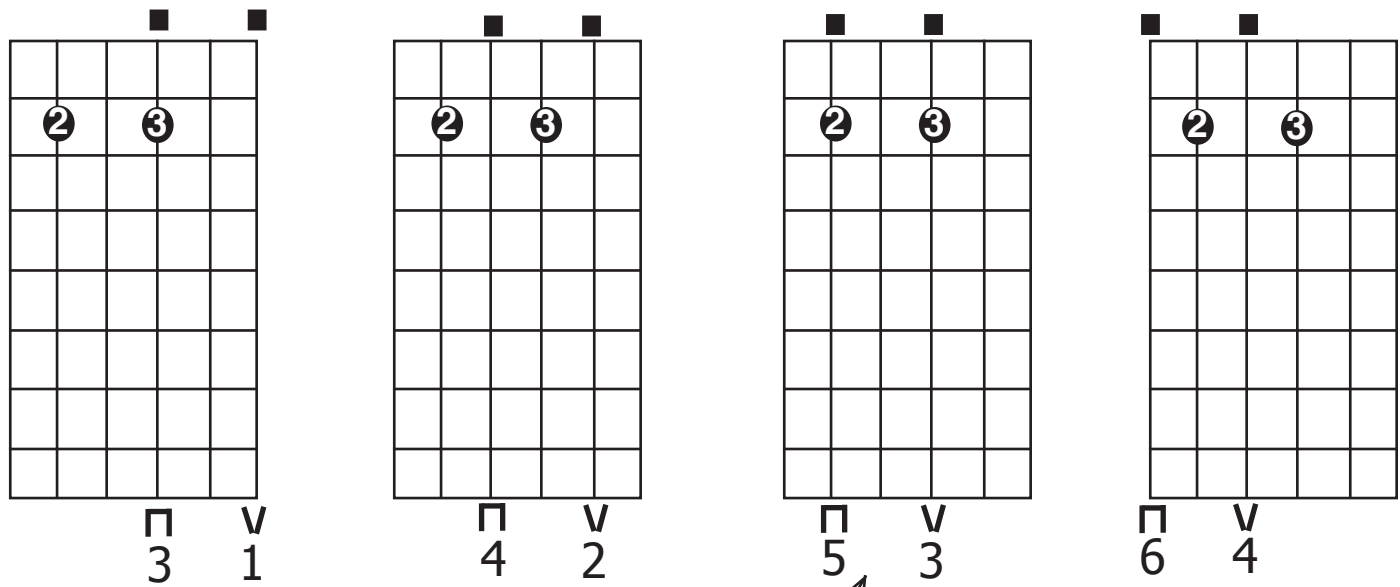
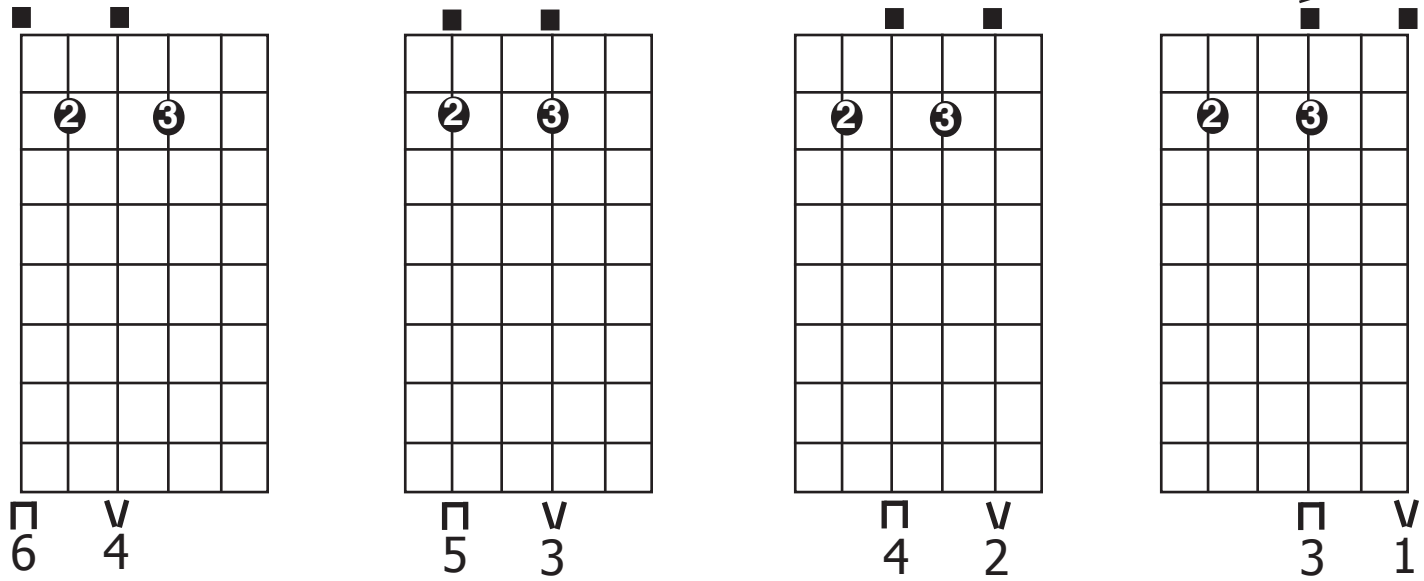
- | | |
|--------------------|---------------------|
| 1 note per string | 2 notes per string |
| 3 notes per string | 4 notes per string |
| 5 notes per string | 6 notes per string |
| 7 notes per string | 8 notes per string |
| 9 notes per string | 10 notes per string |

Practice Patterns:

- | | | |
|-----------------|-----------------|--------------|
| All Downstrokes | Down-Up | Down-Down-up |
| All Upstrokes | Up-Down | Up-Up-Down |
| Down-Down-Up-Up | Up-Up-Down-Down | |

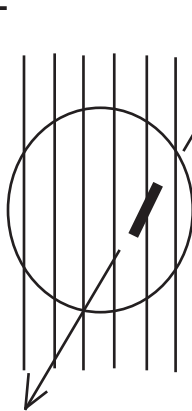
Alternate Picking on NON-Adjacent Strings (pattern 6/4-5/3-4/2-3/1)

Hold down an E7sus4 chord...



□ = Downstroke V = Upstroke

**HOLD PICK AT
30 Degree ANGLE
to the strings**



**Move pick across strings
at this angle**

Practice:

- | | |
|--------------------|---------------------|
| 1 note per string | 2 notes per string |
| 3 notes per string | 4 notes per string |
| 5 notes per string | 6 notes per string |
| 7 notes per string | 8 notes per string |
| 9 notes per string | 10 notes per string |

Practice Patterns:

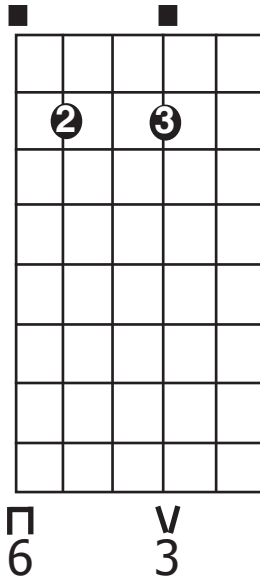
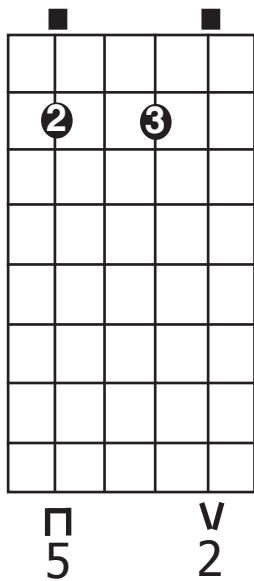
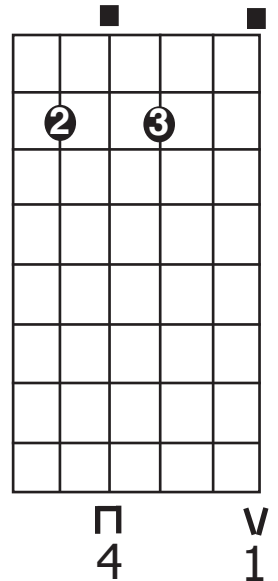
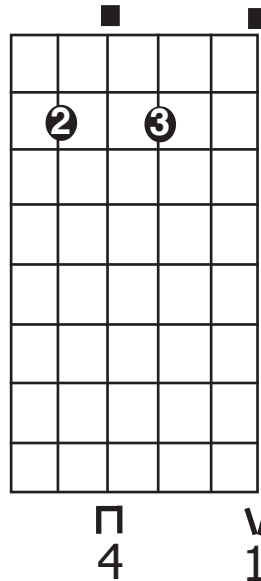
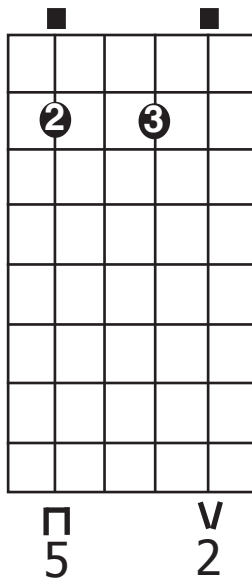
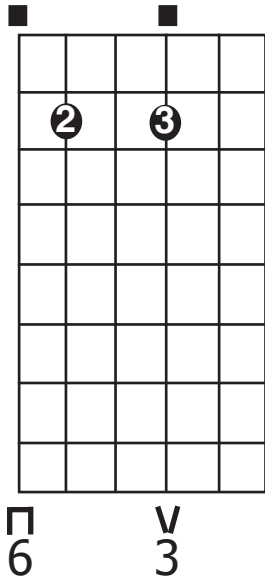
All Downstrokes
All Upstrokes
Down-Down-Up-Up

Down-Up
Up-Down
Up-Up-Down-Down

Down-Down-up
Up-Up-Down

Alternate Picking on NON-Adjacent Strings (pattern 6/3-5/2-4/1)

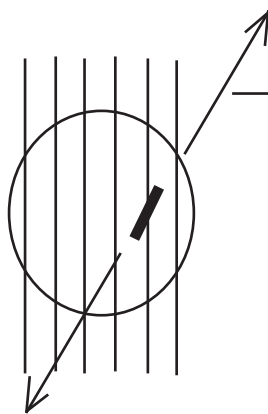
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Practice:	
1 note per string	2 notes per string
3 notes per string	4 notes per string
5 notes per string	6 notes per string
7 notes per string	8 notes per string
9 notes per string	10 notes per string

□ = Downstroke ▽ = Upstroke

**HOLD PICK AT
30 Degree ANGLE
to the strings**

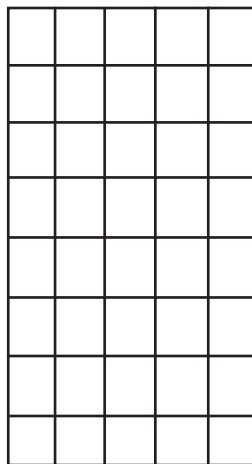
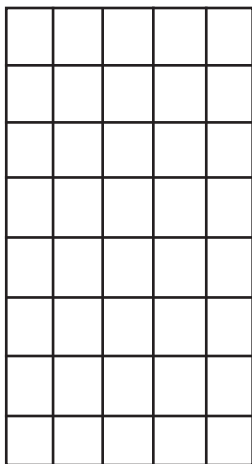
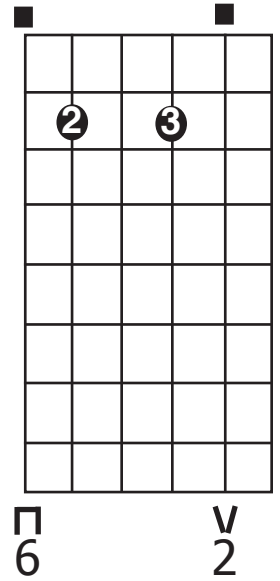
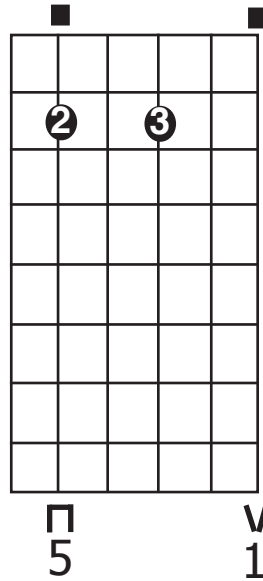
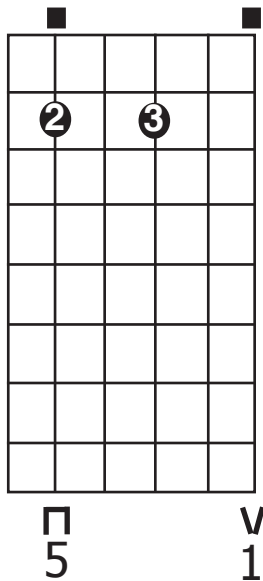
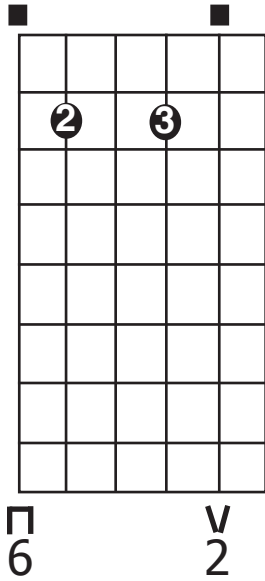


**Move pick across strings
at this angle**

Practice Patterns:		
All Downstrokes	Down-Up	Down-Down-up
All Upstrokes	Up-Down	Up-Up-Down
Down-Down-Up-Up	Up-Up-Down-Down	

Alternate Picking on NON-Adjacent Strings (Pattern 6/2-5/1)

____/____/____

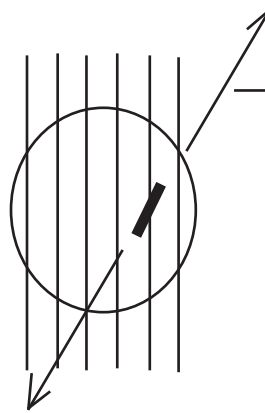


Practice:

- | | |
|--------------------|---------------------|
| 1 note per string | 2 notes per string |
| 3 notes per string | 4 notes per string |
| 5 notes per string | 6 notes per string |
| 7 notes per string | 8 notes per string |
| 9 notes per string | 10 notes per string |

D = Downstroke U = Upstroke

**HOLD PICK AT
30 Degree ANGLE
to the strings**



**Move pick across strings
at this angle**

Practice Patterns:

All Downstrokes	Down-Up	Down-Down-up
All Upstrokes	Up-Down	Up-Up-Down
Down-Down-Up-Up	Up-Up-Down-Down	

STRINGSETS

PICKING PATTERNS

Stringsets 23-42

3 String Groups

E	A	D	G	B	E
---	---	---	---	---	---

	6	5	4			
	6	5		3		
	6	5			2	
	6	5				1
	6		4	3		
	6		4		2	
	6		4			1
	6			3	2	
	6			3		1
	6				2	1
		5	4	3		
		5	4		2	
		5	4			1
		5		3	2	
		5		3		1
		5			2	1
			4	3	2	
			4	3		1
			4		2	1
				3	2	1

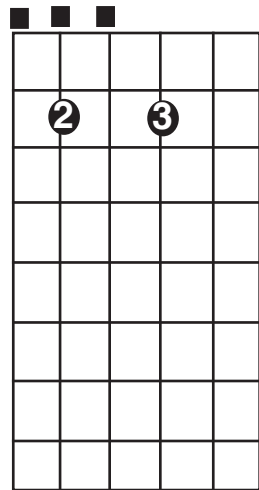
3 String Picking Patterns

E	A	D	G	B	E
---	---	---	---	---	---

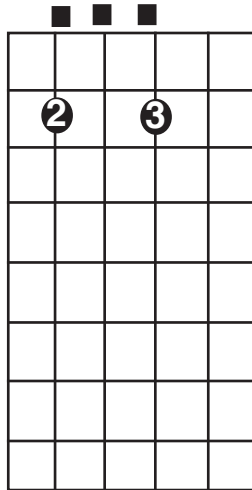
[illegible]

Alternate Picking on 3 string pattern (654-543-432-321)

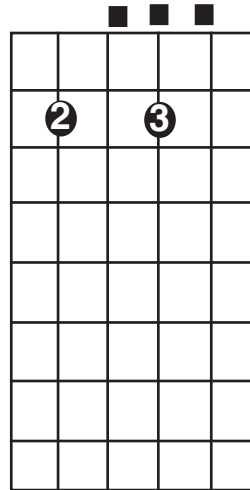
Hold down an E7sus4 chord...



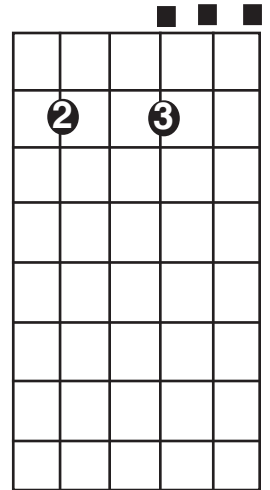
□ V □
6 5 4



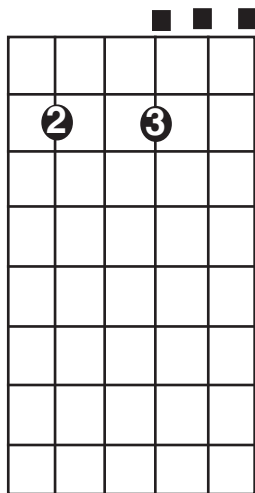
V □ V
5 4 3



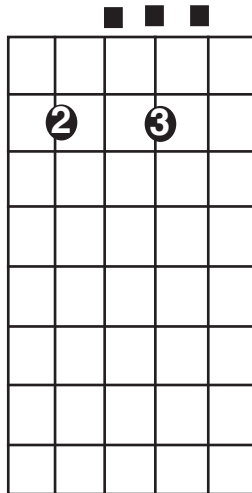
□ V □
4 3 2



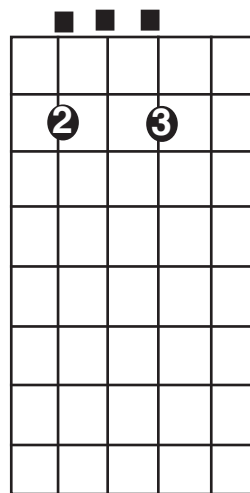
V □ V
3 2 1



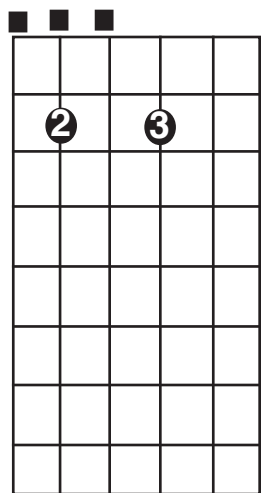
V □ V
3 2 1



□ V □
4 3 2



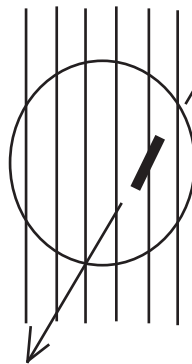
V □ V
5 4 3



□ V □
6 5 4

□ = Downstroke V = Upstroke

**HOLD PICK AT
30 Degree ANGLE
to the strings**



**Move pick across strings
at this angle**

Practice:

- | | |
|--------------------|---------------------|
| 1 note per string | 2 notes per string |
| 3 notes per string | 4 notes per string |
| 5 notes per string | 6 notes per string |
| 7 notes per string | 8 notes per string |
| 9 notes per string | 10 notes per string |

Practice Patterns:

All Downstrokes
All Upstrokes
Down-Down-Up-Up

Down-Up
Up-Down
Up-Up-Down-Down

Down-Down-up
Up-Up-Down

Alternate Picking on 3 string pattern (pattern #2)

Hold down an E7sus4 chord...

Diagram 1: Frets 2 and 3 on strings 2 and 3. Pattern: D6 U5 D3

Diagram 2: Frets 2 and 3 on strings 2 and 3. Pattern: U5 D4 U2

Diagram 3: Frets 2 and 3 on strings 2 and 3. Pattern: D4 U3 D1

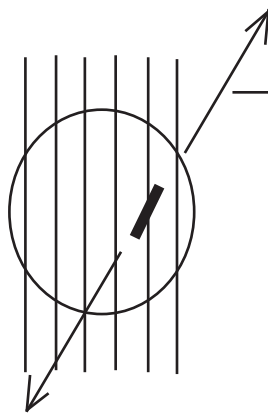
Diagram 4: Frets 2 and 3 on strings 2 and 3. Pattern: U4 D3 U1

Diagram 5: Frets 2 and 3 on strings 2 and 3. Pattern: D5 U4 D2

Diagram 6: Frets 2 and 3 on strings 2 and 3. Pattern: U6 D5 U3

D = Downstroke U = Upstroke

**HOLD PICK AT
30 Degree ANGLE
to the strings**



**Move pick across strings
at this angle**

Practice:

- | | |
|--------------------|---------------------|
| 1 note per string | 2 notes per string |
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Practice Patterns:

- | | | |
|-----------------|-----------------|--------------|
| All Downstrokes | Down-Up | Down-Down-up |
| All Upstrokes | Up-Down | Up-Up-Down |
| Down-Down-Up-Up | Up-Up-Down-Down | |